

21 Days of Prayer & Fasting Devotional – Week Two

Day Eight – Spiritual Strength

Verse: *“But those who wait on the Lord shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.”* – Isaiah 40:31

Devotional:

Fasting is waiting on the Lord. When we wait, God exchanges our weakness for His strength. You may feel physically weak during fasting, but spiritually, you are gaining strength like never before. This strength enables you to rise above struggles, run through challenges, and walk steadily in faith.

Today, let your spirit declare: *“I am strong in the Lord!”* This fast is not draining you—it is refueling you with supernatural strength.

Prayer Points:

1. Lord, renew my strength today.
 2. Give me eagle’s wings to soar above trials.
 3. Let me not faint in this fast.
 4. Strengthen my prayer life.
 5. Empower me to overcome weakness.
 6. Release endurance in my spirit.
 7. Grant me boldness in the Spirit.
 8. Help me run my race faithfully.
 9. Fill me with fresh fire.
 10. Make me unshakable in faith.
-

Day Nine – Spiritual Hunger

Verse: *“Blessed are those who hunger and thirst for righteousness, for they shall be filled.”*
– Matthew 5:6

Devotional:

Fasting creates a spiritual appetite. When we deny ourselves physical food, we train our souls to long for the things of God. True hunger is not for bread but for righteousness.

Ask God to make you thirsty for His Word, His presence, and His Spirit. The promise is sure: if you hunger and thirst for Him, He will fill you.

Prayer Points:

1. Lord, increase my hunger for You.
 2. Let me thirst for Your presence daily.
 3. Fill me with righteousness.
 4. Satisfy my soul with Your Spirit.
 5. Break every appetite for sin.
 6. Let Your Word be my delight.
 7. Fill me until I overflow.
 8. Restore the joy of my salvation.
 9. Deepen my intimacy with You.
 10. Satisfy me with living water.
-

Day Ten – Power and Anointing

Verse: *“But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me...”* – Acts 1:8

Devotional:

Fasting brings empowerment. Jesus told His disciples to wait until they were clothed with power from on high. That same Spirit is available today. When we fast, we make room for God’s power to rest upon us in greater measure.

You are not called to live a powerless life. Expect the Holy Spirit to empower you with fresh anointing for prayer, ministry, and daily living.

Prayer Points:

1. Lord, clothe me with power from on high.
 2. Let fresh fire fall upon me.
 3. Fill me anew with the Holy Ghost.
 4. Empower me to be a witness.
 5. Anoint me for service.
 6. Destroy every weakness in me.
 7. Release Your gifts in my life.
 8. Let my prayers carry power.
 9. Make me a vessel of revival.
 10. Use me for Your glory.
-

Day Eleven – Breaking Barriers

Verse: *“For with God nothing shall be impossible.”* – Luke 1:37

Devotional:

Fasting is a key for breakthroughs. The things that look impossible to man are possible with God. As you fast, expect barriers to break and mountains to move.

Remember, it is not your strength that moves them—it is God’s power. Trust Him to open doors that have been shut and to make a way where there was none.

Prayer Points:

1. Lord, break every barrier before me.
 2. Move every mountain in my life.
 3. Open doors that have been shut.
 4. Destroy opposition to my destiny.
 5. Release my delayed blessings.
 6. Make a way in the wilderness.
 7. Turn impossibilities to testimonies.
 8. Overthrow obstacles in ministry.
 9. Give me victory in stubborn areas.
 10. Establish me in Your promises.
-

Day Twelve – Deliverance from Evil

Verse: *“And lead us not into temptation, but deliver us from evil.”* – Matthew 6:13

Devotional:

Fasting is a weapon of deliverance. The enemy seeks to entangle believers in traps, but God’s power delivers us from evil and preserves us in righteousness.

As you fast today, stand in prayer for God’s divine protection. His promise is sure—He will rescue, protect, and deliver those who call upon Him.

Prayer Points:

1. Lord, deliver me from evil plans.
 2. Protect me from hidden traps.
 3. Break every snare of the enemy.
 4. Surround me with Your angels.
 5. Deliver my family from harm.
 6. Keep me from the path of destruction.
 7. Break every curse against my life.
 8. Cover me with the blood of Jesus.
 9. Cancel evil assignments against me.
 10. Preserve me in Your righteousness.
-

Day Thirteen – Interceding for Others

Verse: *“I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people.”* – 1 Timothy 2:1

Devotional:

Fasting is not only about you—it’s about others. God calls us to stand in the gap for family, community, and nation. Intercession during fasting carries weight because it is selfless and sacrificial.

Today, lift up someone else before God. Pray for their salvation, their healing, their deliverance. Your prayers may be the key that unlocks their breakthrough.

Prayer Points:

1. Lord, I intercede for my family.
 2. Save souls in my community.
 3. Heal the sick around me.
 4. Deliver those bound in sin.
 5. Strengthen weak believers.
 6. Revive backsliders.
 7. Bless my church leaders.
 8. Intervene in my nation.
 9. Break chains over the youth.
 10. Release peace in troubled homes.
-

Day Fourteen – Revival Fire

Verse: *“Will You not revive us again, that Your people may rejoice in You?”* – Psalm 85:6

Devotional:

Revival begins when God’s people humble themselves in fasting and prayer. Revival is not just for churches—it is for hearts, homes, and nations. When revival comes, cold hearts burn with fire again.

Pray today for personal revival, for your church, and for your city. Ask God to pour out His Spirit afresh and let His fire fall in this generation.

Prayer Points:

1. Lord, revive my heart.
2. Stir fresh fire in my spirit.
3. Revive my church with power.
4. Let Your Spirit sweep through our city.
5. Break spiritual dryness.
6. Awaken hunger for prayer.
7. Release revival in this generation.
8. Let signs and wonders follow.
9. Set my family ablaze for You.
10. Pour out Your Spirit without measure.